

## **2017 Remote Transfiguration Experiment for Shamanic Journeying for Guidance and Healing Part 2 with Sandra Ingerman**

Photos and report by Sylvia Edwards

This experiment was part of a class session taught by Sandra Ingerman in her teleconferencing course “Shamanic Journeying for Guidance and Healing: Practices for Divination, Collective Blessings and Helping Others” offered through the Shift Network. The experiment took place August 1, 2017.

Purpose: To test whether substances and people showed an energetic difference in conjunction with the class exercise of transfiguration. In the exercise, class participants were asked to gather around their virtual altar with the address of a room in a hotel in Louisville, Colorado placed on the altar. They were then asked to see only perfection of all things – people and substances in the room, to drop their physical form and to let their divine light shine, holding it as long as was comfortable.

The camera used was a GDV camera developed by Konstantin Korotkov which captures energy of people and substances.

There were 12 people this experiment as well as a variety of substances. The people ranged in age from 54 years to 76 years old. In preparation for the remote transfiguration exercise, they were told to arrive 30 minutes early. After they allowed their energy to stabilize in a relaxed setting, the pre-testing was done. For this experiment, participants also were able to test the effect of holding a substance before and after. Many tested pieces of jewelry that they often wear.

The substances were also pre-tested.

The participants were asked to choose a metaphor for being open to receive and to visualize receiving during the ceremony.

During some of the lecture of this session, participants were allowed to hear what was being said. When the ceremony actually started, the audio was muted and participants were asked to sit quietly and activate their chosen metaphor for being open to receive.

When the ceremony was over, post testing was done of people and substances. A comparison was made of the before and after photos. Individuals were photographed first by themselves and then a second time, if necessary, holding the same substance they did during pre-testing.

During the ceremony, yarn was spun to capture the energy of the room during the Transfiguration Ceremony and

a couple of the participants held the yarn after the ceremony to see if there was any effect of the energy captured in the yarn. The yarn or substance photos were taken following the “after ceremony” photos.

#### Results:

For the participants, an energy shift happened for all 12 of the participants. People take on energy in different ways. For some, the transfiguration ceremony smoothed out their energy field, for some their energy went into a state of chaos, although they reported feeling positive and relaxed during the ceremony. Typically this means that when the energy normalizes, it will smooth out to a more balanced state than the “before” state of a person’s energy. Unfortunately, the last photos taken were right after the ceremony, so I didn’t have a chance to observe what some people’s energy looked like the next day.

The participants noted the following experiences as they sat quietly during the Transfiguration Ceremony.

- Heat – intense; Feeling of being connected to everything; I felt plant medicine present; I felt the heart of one I know; Cried with Joy; Felt completion.

- (Felt) hot for a short time.

- Extremely deep relaxation; I felt very receptive, held in light.

- Stillness; Most amazing peace; Renewal; Expansion; Healing; Oneness

- Dropped into meditation deep and fast and had this feeling that time stopped or was suspended. Also, I had images yet afterwards not clear or well formed in my mind.

- [Felt] Energy moving through various parts of my body.

- I felt a tingling in my arms and back like goosebumps. I’ve felt this before when around transfiguration.

- It was so vast, singular, unseparated and unified with the light [It took me] across the globe and beyond. I was able to specifically send loving light to the White House, to North Korea, to those associating with Isis or hate and love their truest essence. I had immense pressure in the middle of my back which grew increasingly painful but I asked for the light to bring this into harmony and I came out of meditation aligned, peace filled and full of harmony in my body temple. I had a profound sense of unity.

- I was able to breathe much more deeply at the end of the session than at the beginning. (Follow up note received 3 days later): I want to report that even that evening I had a sense of healing. I felt that I was able to

breathe more deeply than I have been able to for a while. Since then my breathing continues to be easier and my wheezing has all but completely stopped. Needless to say I am very excited.

- Within five seconds I just wanted to weep for I felt such love flowing into me. I started to fill up with light. I was afraid I would transfigure so had to open my eyes. And then [2 deceased friends] came and said they wouldn't miss out on this – came to me and then went to Sandy's space (in the altar room). Lots of heat.

- Dropped into meditative state. Saw some visuals/images - I don't remember. Started falling asleep. Did not feel the room/Environment.

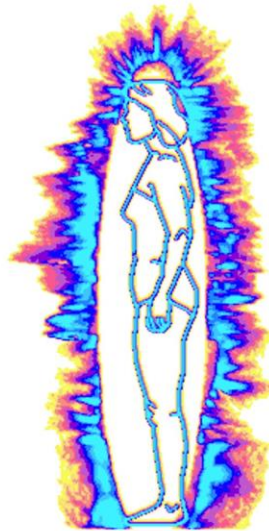
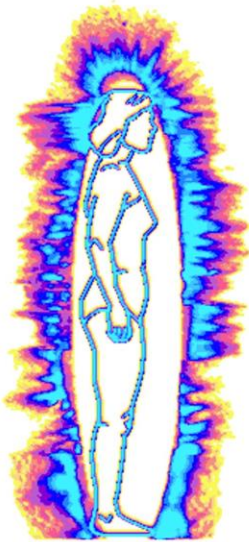
- Peace for this time and love for all.

Here are some examples of the change in auric fields of participants:

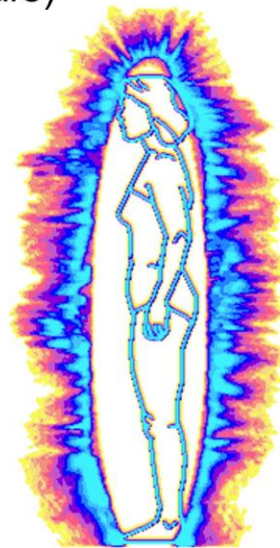
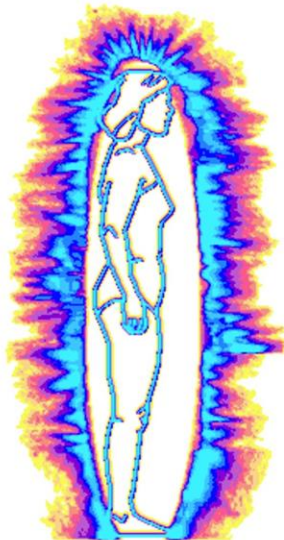
## Shamanic Journeying for Guidance and Healing Part 2

with Sandra Ingerman

Transfiguration Ceremony August 1, 2017



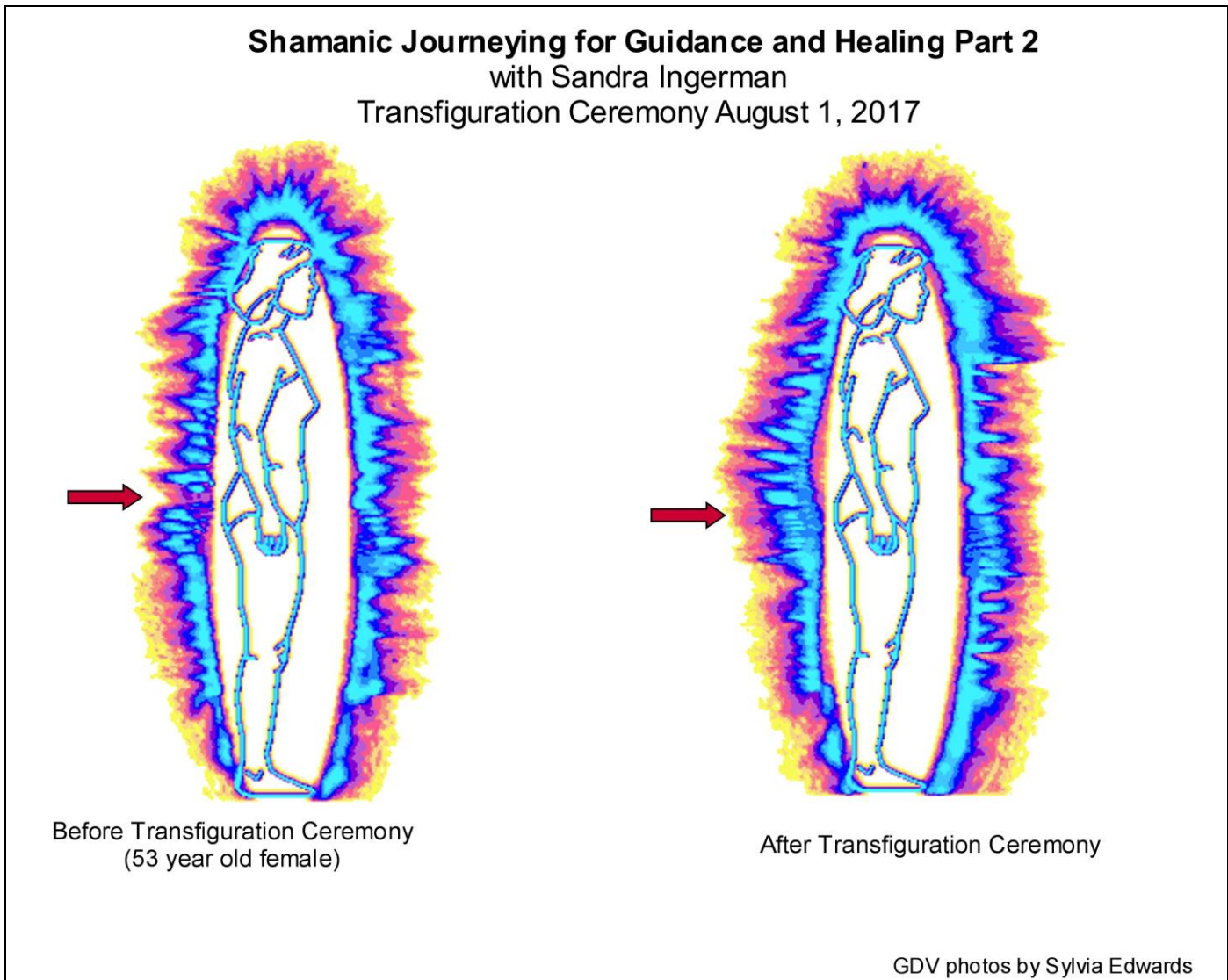
Before Transfiguration Ceremony  
(55 year old female)



After Transfiguration Ceremony

GDV photos by Sylvia Edwards

There are three colors in the auric field. The blue represents the physical body, red equals the emotional body and gold represents the spiritual body. A positive change would be indicated by breaks in the auric field being filled in or the outline of the auric field becoming smoother. In the above instance, you can see where both of these things occurred.

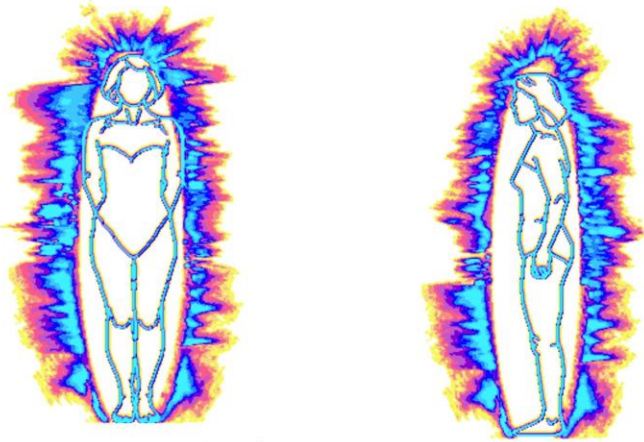


In this example the break in the back of this individual was filled in in the after photo. The increase in volume of the auric field shows that a change in energy has taken place.

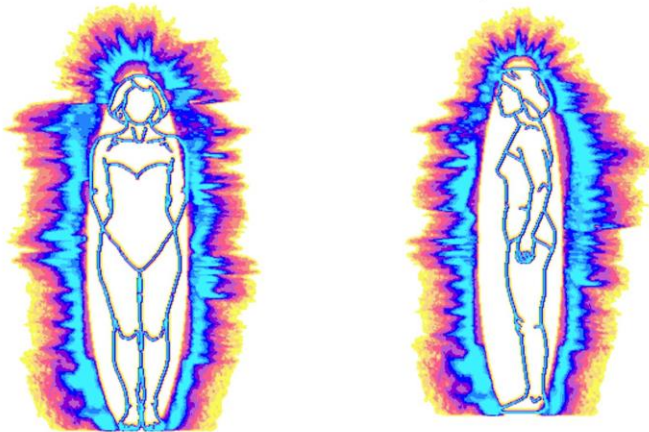
These are photos of the person who made the comment “I had immense pressure in the middle of my back which grew increasingly painful but I asked for the light to bring this into harmony and I came out of meditation aligned, peace filled and full of harmony in my body temple”.

## Shamanic Journeying for Guidance and Healing Part 2

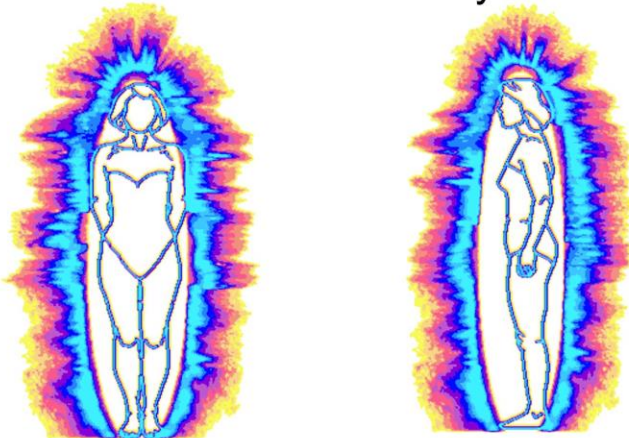
with Sandra Ingerman Transfiguration Ceremony August 1, 2017



Before ceremony



After ceremony



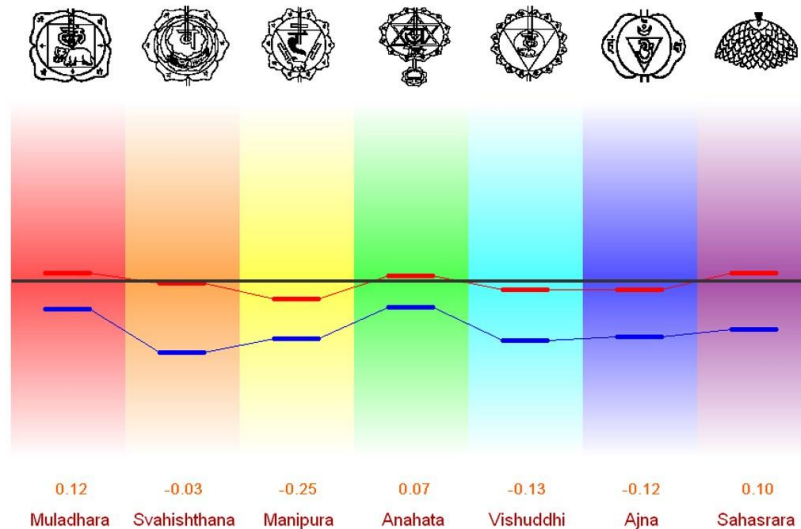
After ceremony holding yarn

These are the auras of a 54 year old female participant. The middle "after ceremony" photos shows the aura filling out and smoothing out. In the bottom photos this individual is holding yarn that was spun during the ceremony. The yarn holds the energy of the transfiguration efforts. The aura expands and smoothes out even more. From the top photos to the bottom photos, the volume of the auric field increased 29%.

GDV photos by Sylvia Edwards

## Shamanic Journeying for Guidance and Healing Part 2

with Sandra Ingerman Transfiguration Ceremony August 1, 2017



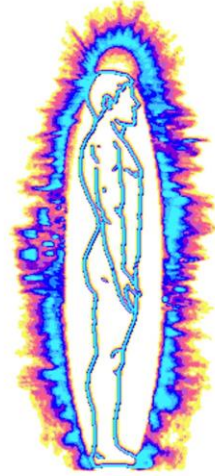
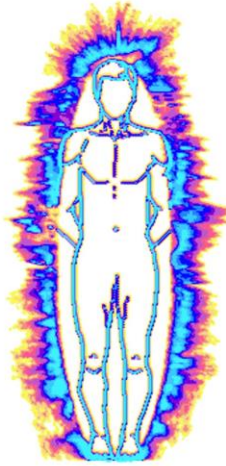
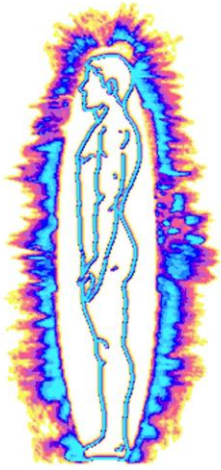
These are the chakras of a 74 year old male participant before and after the transfiguration ceremony. The blue line is before, the red line is after. Before the ceremony all of his chakras were closed. He held one of the substances present during the ceremony - fresh ginger, and after the ceremony, all of his chakras opened to a normal level.

**GDV photos by Sylvia Edwards**

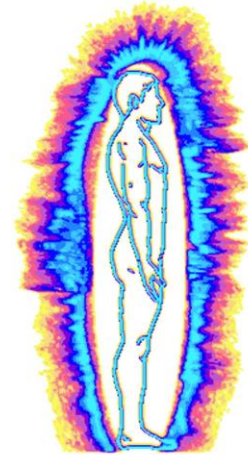
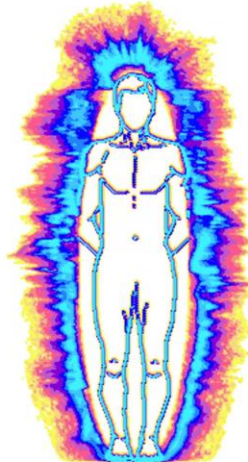
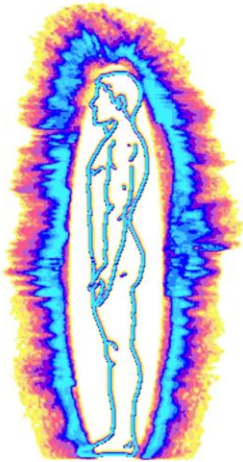
The chakra photos show how open or closed the seven chakras are. To the left is the root chakra, then the sacral, the solar plexus, the heart, the throat, the 3<sup>rd</sup> eye and ending with the crown chakra on the right. The horizontal line is the point where anything above that line is open, anything below the line is closed. There is a standard deviation range above and below the line of + or -.5 which is considered in the normal range.

Below are the auric fields of this same individual before the Transfiguration Ceremony and after, holding fresh ginger.

**Shamanic Journeying for Guidance and Healing Part 2**  
with Sandra Ingerman Transfiguration Ceremony August 1, 2017



Before ceremony (74 year old male)



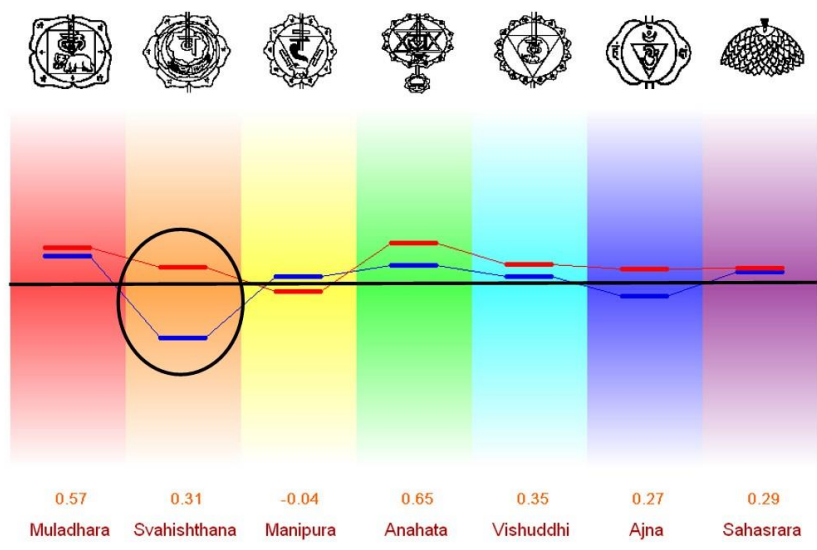
After ceremony holding ginger

GDV photos by Sylvia Edwards



# Shamanic Journeying for Guidance and Healing Part 2

with Sandra Ingerman Transfiguration Ceremony August 1, 2017



These are the chakras of a 52 year old female participant before and after the transfiguration ceremony. The blue line is before, the red line is after. The 2nd chakra came into balance and opened up after the ceremony.

GDV photos by Sylvia Edwards

Substances:



The substances chosen for this experiment were:

- Sliced salami
- Antacids
- Blowing bubbles
- Coffee Mate
- Cooked pasta
- Cold brewed coffee
- Cocoanut water
- Organic fruit sticks
- Fresh ginger
- Yakult probiotic drink
- Lemon Juice

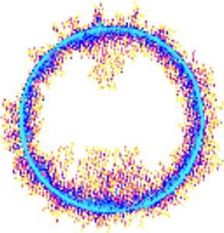
Marbles  
Peanut Butter protein bar  
Organic Yellow pepper  
tap water  
Kool Aid liquid  
Orzo dried pasta  
Soy Sauce  
Organic White Chocolate  
Canned sliced olives  
Motor oil in tap water  
Plastic toy starfish

Here are the results:

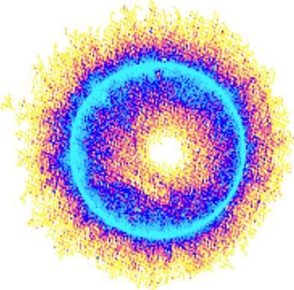
**Shamanic Journeying Part 2 with Sandra Ingerman**

Transfiguration Ceremony August 1, 2017

**MARBLE**



Before



After

GDV photos by Sylvia Edwards

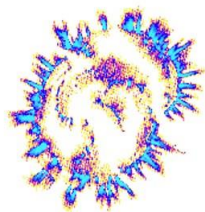
The after photos show a much more vibrant energy. This is indicated by the larger area of bright blue and the gold energy around the outside of the substance.

## **Shamanic Journeying for Guidance and Healing Part 2**

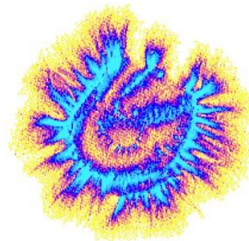
with Sandra Ingerman

Transfiguration Ceremony August 1, 2017

### **Barilla Ready Pasta Fully Cooked**



Before



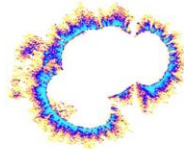
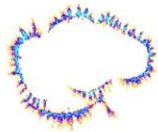
After

GDV photos by Sylvia Edwards

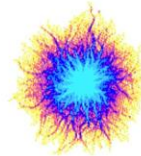
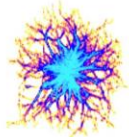
**Shamanic Journeying for Guidance and Healing Part 2**  
with Sandra Ingerman  
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Before

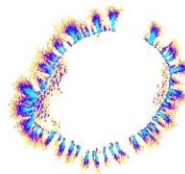
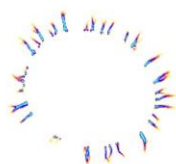
After



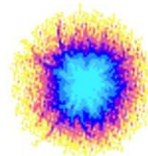
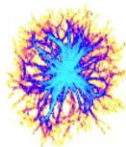
**Organic Fruit Twists**



**Lemon Juice**



**Fresh Ginger**



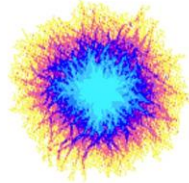
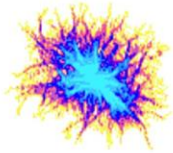
**Grape Kool Aid Liquid**

GDV photos by Sylvia Edwards

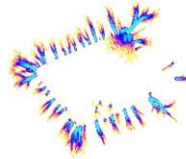
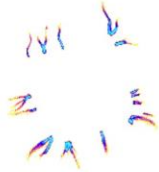
**Shamanic Journeying for Guidance and Healing Part 2**  
with Sandra Ingerman  
Transfiguration Ceremony August 1, 2017

Before

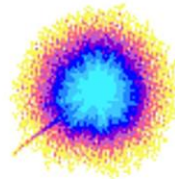
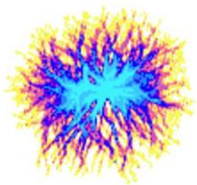
After



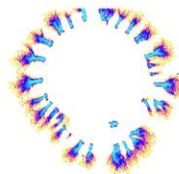
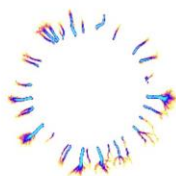
**Yakult Probiotic Drink**



**Bell Pepper**



**Cocoanut water**



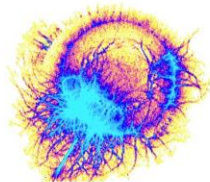
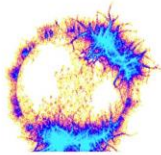
**Sliced Black Olive**

GDV photos by Sylvia Edwards

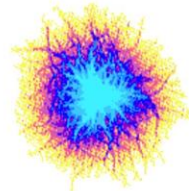
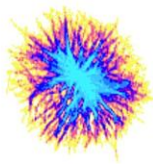
**Shamanic Journeying for Guidance and Healing Part 2**  
with Sandra Ingerman  
Transfiguration Ceremony August 1, 2017

**Before**

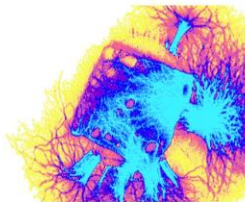
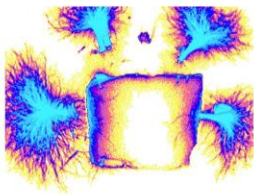
**After**



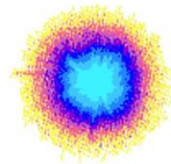
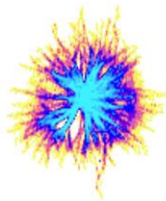
**Pepsid Complete Antacid**



**Blowing Bubbles**



**Organic White Chocolate**



**Soy Sauce**

GDV photos by Sylvia Edwards

For the liquid substances, the energy of the drop changed from a chaotic pattern to a unified, smooth pattern.

Substances that had a slight change:

Salami

Starbucks cold brewed coffee

Plastic toy starfish

Peanut butter protein bar

Substances that looked good before and after and therefore had no change:

Tap water

Motor oil in tap water

Orzo dried pasta

Substances that had no change:

Coffee mate

Conclusion:

The perfection that was held for everything in room 106 of the Hampton Inn in Louisville, Colorado on August 1st had a measurable effect on all people and 18 of the 22 substances tested. There were only a couple of substances that didn't change which are noted above.

This experiment took place during the online presentation of Sandra Ingerman's course which lasted for about 2 hours and 45 minutes, allowing for some time in the beginning to let people's energy come to a stable place and some time afterwards to do the after testing.

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